

Corporate Office: 8 Southwoods Blvd, Suite 110 Albany, NY 12211 (518) 235-1888 www.caredesignny.org

January 13, 2021

Dear Members and Families,

I believe that America hit rock bottom on January 6, 2021. We and the world watched in horror the events that took place at the U.S. Capitol which were scary, shocking, and sickening and forced the suspension of a joint session of Congress that had convened to certify the presidential election results. Many are calling it one of the ugliest moments in the United States history.

Care Design NY strongly condemns the violence and the challenges to our democratic ideals. What transpired last week does not reflect our country's values. We are not a perfect union, but we are the United States of America. Despite the violence we saw, I am convinced that if we stand together and work together, we will not be broken. We have the strength to move past this tragic moment and come together for the sake of ourselves and the members and families we support. We as a country are bigger and better than our disagreements!

Care Design NY was founded on values of compassion, diversity, excellence, and honesty to assist and advocate for vulnerable and marginalized individuals with Intellectual and/or Developmental Disabilities (I/DD), so they may live a better life and to cultivate a supportive environment focused on diverse needs. Our Diversity, Equity, and Inclusion (DEI) Council is actively finding ways to help us understand our differences.

We all have a role to play in making our democracy work, in treating everyone with civility and decency, even when you disagree, and speaking out when you see injustice in the world. Last Wednesday was a dark day for our country. It is important now more than ever for each of us to shine our inner light to show goodness, grace, and hope, so we may all have a brighter tomorrow.

On Monday, 1.18.21, our country will celebrate the life of Reverend Dr. Martin Luther King Jr. and his dream of a United States without racism. He will be forever remembered for promoting peace and healing through non-violence and proclaimed, "Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that."

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justice. "

Martin Luther King, Jr., American Baptist Minister Activist and Leader in the civil rights movement Washington National Cathedral March 31, 1968

Please ensure you are taking care of yourself, your loved ones, and each other. If you need resources to prioritize your well-being, please reach out immediately to your Care Design NY Care Manager. We look forward to better days.

Sincerely,

James Moran

James Moran CEO