

# Peer Empowerment Group



## WHAT WE DO

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The Peer Empowerment Group is designed for individuals interested in learning about advocacy with a focus on empowerment. You are invited to attend and participate in open discussions (see the topics below)! You'll meet with other Self-Advocates and learn about the Care Design NY Individual and Family Advisory Board initiatives. This group embraces teamwork and we hope you will attend and become involved.

Come and have open discussions that have been reviewed at the Individual and Family Advisory Board. We would love to meet new Self-Advocates!

Discussion topics will include but are not limited to:

- ✓ COVID-19/pandemic
- ✓ Direct support professionals/staffing
- ✓ Life Plans/Care Managers
- ✓ Any other topics you would like to learn more about

**WHEN** Fourth Thursday of every month  
(except for holidays)

**WHERE** Online via Microsoft Teams

**TIME** 6:00 PM - 7:00 PM



**REGISTER HERE**  
<https://caredesignny.org/events>

**Service Regions:** Long Island • Queens • Staten Island • Brooklyn • Bronx • Lower Hudson Valley  
Upper Hudson Valley • Capital District • North Country