

# The Life Plan Meeting

## What to Expect from a Care Design NY Care Manager



### BEFORE a Life Plan Meeting

**An invitation to the Life Plan meeting** for each major waiver service provider and member will be sent ahead of the meeting to notify of place/time.

**An option to use technology to connect to the Life Plan meeting** - though certainly face to face meetings are preferred.

The Care Manager will make every effort to **share an initial draft** of the Life Plan in advance of the meeting for all to review.

**For the IAM to be complete** - the IAM should not be completed during the Life Plan meeting.

**Providers can participate** in the IAM process, if the person wishes.



### DURING a Life Plan Meeting

A **person-centered discussion** which empowers the individual to facilitate the meeting in their preferred manner.

In the event the draft Life Plan was not able to be shared in advance, the draft will be **distributed to all team members** to review and discuss.

An opportunity to **discuss all the valued outcomes** and provider assigned goals and safeguards.

An opportunity to make **suggestions / recommendations** for things that may not have resulted from the IAM.

A **collaborative environment** designed to best support the individual to develop a Life Plan that reflects their goals, wishes, and needs.

To walk away from the meeting with a **common understanding** and agreement of how outcomes/ goals/safeguards are going to be addressed in the Life Plan.



### AFTER a Life Plan Meeting

**No surprises** when you receive the written Life Plan.

For the CM to be **receptive to reasonable requests for changes** that affect the integrity of the plan and supports.

An opportunity to **express concerns** unable to be resolved with the CM, to the supervisor or member of Care Design leadership.

**To receive the Life Plan shortly after** the person and/or family gives their approval