

Bills & Receipts That May Be Utilized to Meet A Spenddown

******Please note: these bills may be for medical care given to you, your spouse, or your children who are under 21 years old. This includes bills of a child who does not live with you, but whose medical bills you help pay for. Past unpaid medical bills for yourself or any of the people named above.**

- Ensure
- Vitamins/minerals
- Antacids
- Aspirin, Ibuprofen, Tylenol
- Cough & cold remedies
- Decongestants
- Emetics – drugs use to control or stimulate vomiting
- Antihistamines
- Nasal drops & sprays
- Ocular/ophthalmic lubricants such as artificial tears
- Anti-diarrhea products
- Anti-vertigo tablets
- Smoking cessation products including Nicorette gum
- Dermatological products such as Bacitracin and Neomycin
- Hydrocortisone cream, lotion, ointment
- Contraceptive products to include condoms
- Laxatives
- Canes & walkers but not more than once a year – no cane refills
- Insulin & insulin supplies to include alcohol pads, needles, needle disposal box, etc.
- Chiropractor services
- Hearing aid batteries

To utilize any of the above items to meet a spenddown, you must submit an itemized receipt from the store/office in which you purchased them

- Medical bills paid by a public program of the State or County such as EPIC (Elderly Pharmaceutical Insurance Program) – but you cannot use a bill that Medicare or private insurance will pay in full

Bills you may want a doctor's order for:

- Adult diapers, such as Depends
- Podiatry
- Blood pressure cuff
- Pregnancy detector kits
- Acupuncture – allowed only in a substance abuse program

Allowable medical bills:

- Transportation expenses to obtain necessary medical services (in most cases)
- Medical bills or payments made to therapists, nurses, personal care attendants & home health aids (as ordered by a doctor)
- Payments made for surgical supplies, medical equipment, prosthetic devices, hearing aids, & eyeglasses (as ordered by doctor)

SEE NEXT PAGE FOR MORE INFORMATION....

Bills that cannot be utilized to meet a spenddown:

- Filters for any equipment such as air conditioners or humidifiers
- Exercise equipment or weight loss & fitness programs
- Special clothing used for a weight lose program, such as a swimming suit, or jogging outfit
- Cell phones, Lifeline
- Toothpaste
- Feminine hygiene products
- Herbal remedies
- Batteries, generators, or service contracts for medical equipment
 - Hearing aid batteries are an allowable expense

Misc. Information:

- Unpaid medical bills can be used to meet a spenddown. They can only be used for the month of service of the bill going forward (i.e. you *cannot* use a bill with date of service of 9/7/18 to meet a spenddown for July 2018. You *can* use the bill to meet the spenddown for Sept. 2018 forward.)
- Receipts for items above can be applied the same way as unpaid medical bills
- Cash can only be used to meet a spenddown going forward.